



Thank you for attending the 2020 -2021 Cheer Pride All-Star placements. We are excited about the growth with our program and look forward to another successful year at Fusion Cheer and Gymnastics ! Cheer Pride All-Stars is a “select” level sports program, which requires our full year athletes to be committed, work hard to improve individual skills, and be loyal to their team(s).

Our program vision and goal is to build athletes from the inside out by starting with a strong foundation and progressing our athletes at his/her level of ability in a motivating and positive environment. We focus on character and core values, which its outward work is to mold them into solid, competitive team players.

Our teams are always highly competitive within their various divisions. CP provides well-qualified and experienced staff to ensure our athletes receive the best training in the area. Our staff is composed of USASF certified safety coaches with many years of experience. We are very focused on excelling each individual to the best of their ability and helping them realize their full potential. We firmly believe that our success originates from the dedication and commitment of our athletes and parents. We encourage positive attitudes and respectful behavior among our CP community.

All-Star Cheerleading has evolved into one of the most exciting, fast-paced and strenuous sports in the world that is scored by a panel of judges. Our sport is broken down into competitive levels by age and ability. USASF, the main governing body in our industry, and Cheer Pride forms our teams based on this criteria.

All-Star Cheerleading is scored based on the execution and difficulty of tumbling, jumping, dancing, motion technique, tosses, stunting performance and choreography. Athletes will be placed on teams preliminary upon their age and their abilities in all those categories. \*It should be noted that just because your athlete can perform a certain level tumbling skill does not mean they will necessarily make that level team. We are looking for mastered skills in each of the levels. Mastered is not the ability to just throw the skill, it is the ability to perform the skill with good technique and a level of perfection.

We also consider maturity and age when placing the athlete's and what we believe is best for them. Sometimes it may not be best for the child to move up quickly and they need to stay on a certain level/age team to grow in maturity and performance before moving them up.

We carefully consider each athlete and their team placement. Ultimately, our goal is to place your athlete where they will grow with self-confidence and be the best that they can be! This is important to us. We make sure to put the right athlete's together so we are setting them up for a successful season.

We often have a lot of questions and confusion on what your athlete needs to have in order to be considered for a certain level team. The following is a list of what judges require a full team to have at competition. This will be a good list to go over with your athlete as they can work to progress their skills in “summer training” June through August. Although we may not require every single one of those skills at placements, your athlete needs to be working to have a majority of them. Feel Free to email any questions [fusioncp@sbcglobal.net](mailto:fusioncp@sbcglobal.net)

Level 1	Level 2	Level 3	Level 4	Level 5
<p><b>Tumbling</b>  <u>Beginner:</u>                      -forward roll                      -cartwheel                      -round off  <u>Intermediate:</u>                      -Back Walkover                      -Front Walkover                      -Round off- back walkover                      -back extension roll                      -Valdez                      Specialty Pass:                      Connected of any above listed skills                      Minimum of 3 skills  <b>Stunts</b>                      -All single leg stunts at belly level and below unless braced                      -Preps                      -Cradles.                      -prone fall from prep                      -extensions braced                      -1/4 up stunts  <b>Jumps</b>                      Toe Touch                      Pike jumps                      Connected series</p>	<p><b>Tumbling</b>  <u>Beginner</u>                      -back handspring                      -round off back handspring or series                      back handspring  <u>Intermediate</u>                      -back walkover back handspring                      -front walkover round off back handspring                      -round off handspring step into another skill                      -bounders/front handsprings  <b>Stunts</b>                      -1/2 up extensions                      - prep level single leg stunts                      - barrel roll                      -braced full extended single leg stunts                      -inversion entry  <b>Jumps</b>                      -Triple jump of either toe touch front hurdler or pike at least level</p>	<p><b>Tumbling</b>  <u>Intermediate</u>                      -Standing back handspring series                      -Round off back handspring tuck                      -Round off Tuck  <u>Advanced</u>                      -Standing Back handspring step out round off tuck                      -Front walkover round off back handspring tuck                      - front tuck                      -Aerial  <b>Stunts</b>                      -1/2 up single leg extended stunts                      -Inversions to prep level                      -full up/rewind to prep level                      -full down from any 2 leg stunt  <b>Jumps</b>                      -hyper extended triple jump to back handspring</p>	<p><b>Tumbling</b>  <u>Advanced</u>                      -standing tuck                      -round off handspring layout  <u>Elite</u>                      - standing back handspring layout                      -round off back handspring layout step out                      -punch front round off back handspring layout  <b>Stunts</b>                      -Double downs                      -1 ½ up to 2 leg stunt                      -full up to one leg                      -inversion to extension                      -switch ups                      -single down from one leg  <b>Jumps</b>                      -Hyper extended quad                      -hyper extended triple jump to standing back handspring tuck</p>	<p><b>Tumbling</b>  <u>Advanced</u>                      -standing tuck back handspring layout                      -standing back handspring full                      -round off handspring full  <u>Elite</u>                      -front tuck round off back handspring full                      -Standing full                      -round back handspring double  <b>Stunts</b>                      -Double Ups                      -1 ½ up to single leg                      - double down from single leg                      -kick double baskets  <b>Jumps</b>                      -hyper extended quad jump to standing tuck                      -toe touch standing full</p>

**Team Placements: will be posted to your email, that is given at tryouts, by May 20TH**

**Practices:** Begin the 1<sup>st</sup> week of July for our Summer Schedule. This means full year teams only will practice at assigned times Monday- Friday. JUNIOR 3 will have a couple extra prac for summer. Please be sure to bring back your paperwork and choreography fee on the 1<sup>st</sup> of June. *Athletes are unable to participate until fees and paperwork both are handed in.* Summer hours have us closed on weekends in July. Starting in July we will start our team practices. Each team will have mandatory scheduled clinics or choreography dates that will be on different days. All practices this season will be closed (except for tinys).

## Summer- June 29-Aug 2

Team	Monday	Tuesday	Wednesday	Thursday	Friday
Tiny Kitties	start 8/10				
Sassycatz	4:30-6:00				
Glam Catz	5:30-7:30				
Lady Reign	630-830				June 19 & June 26 9-11
Fierce			6:30-9		
Majesty			6:30-9		

### \*August 9 Start of Fall Schedule-

Some teams will start having Sunday practices this month.

Attendance at all practices is crucial to the development and success of the teams. Athletes are expected to attend all practices throughout designated season. Practices are the single most important activity for any competitive team. Every time one person misses, it sets the team back. In the event you are unable to attend a practice due to a religious or school commitment, it is expected that you notify us via email 2 weeks prior to the practice. Athletes are allowed 2 excused absences during the summer season. Once competition/Fall schedule season starts 3 excused absences are allowed.

If you are unable to attend a practice before a competition the athlete may be moved to a smaller role to ensure the safety of the team.

**Fall schedule begins Sunday August 9th.** All level 1 teams will have 1 practice and one tumble practice. All level 2 and up will have 2 practices per week plus tumbling class.

Tumble practice is mandatory unless you have a conflict and have the coach's permission to not take a class. *Prep and tiny teams will practice one day per week and one tumble class included per week.*

*Tiny- 45 min cheer practice/1 gymnastics class*

*Le1- 1 hr 15 min/ 1 gymnastics class*

*Level 2- 2 hr 45min prac/1 gymnastics class*

*Level 3 JR - 3 hr min prac/1 gymnastics*

*Level 3 SR- 3.5 hr prac/1 gymnastics      Global - 2.75 hr practice/1 hr gymnastics*

\*We encourage playing sports/cheer at school but please make CP a commitment. Please turn schedules in as soon as you receive them, so we can work out conflicts.

## SEASON PRACTICE TIMES

Team name	Tiny kitties	SassyCatz	GlamCatz	Lady Reign	Fierce	Majesty		Junglecats
Team	Tiny team	Youth 1	Youth 2	Junior 3	Global	Senior ?		Special abilities
Day	Monday	Monday	Sun/Mon	Sun/Mon	Sunday	Sun/Mon		
Time	4-4:45	4:30-6:00	3:30-5	2:30-4:30	12:15-2:45	4:30-6:30		Tuesday 3:45-4:45
			5:30-7	6:30-7:30		7-8:30		
Coaches:	Cami♦♦	Jaylynn ♦♦	Hannah♦♦	Baylie ♦♦	Baylie ♦♦	Angie ♦♦		Barbara♦♦
	Barbara	Ali	Aubrey	Angie	Angie	Baylie		Hannah
	Jaylynn			Han-mon	Nana	Brandy		
						Jacob		

♦♦ **Coach to contact when you have questions or absences about a specific team, in general contact Angie for any other question or info.**

\*Any additional practices added will be posted on page.

**Season months: Tiny August-Feb All Star Elite teams-July-Mar ( If any team receives a bid to a end of season competition, each team will vote on going past Mar) (April for year end event Majesty)**

**Global team- July- April**

**July 6th** 1<sup>st</sup> week of practices for all teams except Tiny will start August 9

**Choreography:** All choreography will be done in house for 2020-21 All team choreography is mandatory. If you are unable to Attend, it is your responsibility to find a sub to fill your spot

Tiny Little Kitties	Aug
Sassycatz	TBA
Glam Catz	TBA
Lady Reign	July 12 and 19
Fierce	Not needed
Majesty	July 12 and 19

**Please leave these dates free, times are TBA**

Athlete's attendance at all competitions is mandatory as the routines are designed to utilize all team members. In the event a parent/guardian cannot attend a competition with their athlete, it is your responsibility to make alternative arrangements for transportation to and from the competition. Athletes must be available all day on a competition date since many competitions have different schedule orders. Please note competitions details are not available until one week prior or less to the competition. All competition details will be emailed or posted on our facebook page prior to competition. At competitions, please wear your uniform and shoes during awards. No cell phones on stage, please.

Team	Dates to save
Fierce	Nov 21 Lexington
Seniors	Dec 12 Louisville
all	January 10
All	January 16 Evansville
some	January 23 French Lick ??????
All but fierce	February 7 Evansville
All	February 20 Louisville
Possible youth 2, junior, senior ,Jcats	feb 28-March2 Louisville
Fierce	march 8
Majesty	April 10-11 orange beach
	End of season discussion later
Youth ,junior and Majesty	Owensboro TBD

- ◆PLEASE MAKE SURE TO FOLLOW TEAM'S INDIVIDUAL BAND PAGE and Cp facebook pages!
- ◆ Cheer pride current info- Calendars, competitions, Important info
- ◆Fusion Cheer Pride- members post videos, encouraging, some gym info, fundraisers

**Attendance:** All-star cheer is a select sport. It takes a full commitment from both the athlete and the Family. Both parents must be aware of the attendance requirements. The team and individual can only be successful with everyone at practice. We work extremely hard at trying to avoid conflicts for our athlete's. If you are involved in a school activity, please keep open communication to avoid conflicts as much as possible. If you are injured you are expected to attend all practices and competitions to support your teammates. Please remember that this is not only a personal commitment, but a commitment to your team members who rely on their teammates to be successful.

**New absence policy:** This season all practices are mandatory. The only excused absences that are notified to coaches for school or family functions. The absence policy goes into effect 1st practice. If you do not contact any coaches or management, it will be considered unexcused.

**Dismissal/Quit Policy:** If the athlete, parent or coach pulls the athlete in which they do not fulfill commitment to the season a \$250 fee will be assessed. This fee will be debited immediately.

**Double Competitors (crossovers):** If you are some of the select few this task is hard and we are happy you are able to commit to being a bigger part of our family. Remember you have more to learn and with that take more practice. Be sure to give 100% to both teams.

**Closings/Schedule Changes:**

In the event please check your emails, Facebook page for updated info. You may also contact our office at 812-547-1295 , [fusioncp@sbcglobal.net](mailto:fusioncp@sbcglobal.net)  
[www.fusioncheerpride.com](http://www.fusioncheerpride.com)

**Closings:** \*\*Any inclement weather closings will be posted on website or Facebook as well as sent via email\*\*

**VACATIONS:** During the summer months, team practices will continue to be held although many families will take time for their family vacation, which we encourage. Families are free to take vacations without fear of their athletes being penalized, within the mandatory rules of attendance (choreography week), however full tuition still applies.

**Monthly Tuition Payment Breakdown over 10 months–**  
**Includes: practices, tumbling.**

Tiny Team	J2	Global/J3/S3	Level 1
<b>\$50</b>	<b>\$75.</b>	<b>\$75./\$80/\$85</b>	<b>\$70.</b>

below are fees NOT included in the monthly price:

Choreography, music, uniforms, bow,usaf fee, makeup, coaches fee, competition fees,etc.

1st fees: Choreography-All teams

Shoes, if needed.

June- ½ of Uniform if needed, Coaches fee.

July- other ½ of uniform,Music,competition.

August- usaf fee,competition fees

September, October, November,January and February- Competition fees

## Fees

<u>Team</u>	<u>1st payment</u>	<u>6/15</u>	<u>7/15</u>	<u>8/15</u>	<u>9/15</u>	<u>10/15</u>	<u>11/15</u>	<u>1/15</u>	<u>2/15</u>		
ALL	\$35 for shoes if needed	Or can purchase others									
Level 1	50	75	75	75	75	75	75	75	--		
Tiny	50	50	50	50	50	50	50	--	--		
Level 2	50	78	78	78	78	78	78	78	78		
Level 3	50	88	88	88	88	88	88	88	88		
JR											
SR	50	98	98	98	98	98	98	98	98		
global	90 top	Ask in office									

Fees paid on the 1st of the month are paid to Fusion. Check must be made to Fusion. Fees on the 15th are to Cheer Pride. Checks must be made to CP.

**Late Fees/Unpaid Balances:** This season a late fee of \$10 will be charged to each account on the 10<sup>th</sup> of every month for tuition and 18th for fee payments. There will be no late fees waived be sure to have all balances paid by the 1st and 15th of each month. Any late choreo/music fee will result in non-placement in routine until balance is paid. Any unpaid uniform orders will not be placed. Any returned checks will be subject to a \$30 fee.

**Fundraisers:** Any Fundraising will be done by a direct affiliate to Cheer Pride. Since we will pay tax on any fundraised money this will be deducted from the fundraised amount. Jennifer Bryant and Anita Payne are the fundraising coordinators. Please realize they are volunteers and treat them accordingly. They give up a lot of time to help you earn money. You are not required to participate in fundraisers. There is an additional paper outlining fundraising guidelines and rules in this contract.

**Team Moms:** Every team will have at least 1 team mom. They will help organize collections for team events and spirit bags. We as well ask them to help with meeting teams at competitions. These Moms will be announced when the teams are formed.

**BOOSTER CLUB:** Fees need to be turned in to the office. All fundraiser profits will go into this account.

Gym phone- \*812-547-1295 Or \*812-549-9966

Email: [fusioncp@sbcglobal.net](mailto:fusioncp@sbcglobal.net) Website: [www.fusioncheerpride.com](http://www.fusioncheerpride.com)

Cheer Pride Private facebook page- info

Fusion Cheer Pride page anyone can post to.

Current Cheer Pride Info. Only Barbara and Angie will post on this page to keep it free of many posts to scroll through.

**\*MAKE SURE TO TURN IN VACATION DATES  
ASAP. No one can miss the week of a  
competition!**

# 2020-2021 Handbook Agreement

FINANCIAL: I/We understand the financial obligations and dedication to participate on this team beginning in June 2020-April 2021 . I/We will be responsible for all financial obligations not met by fundraising.

I/We will be on time with the tuition payments due 1st of the month and fee on the 15th of the month. I/We are aware of late payments tuition starting on the 10 th and fees starting the 18th of \$15.00, returned check fees and stopped payment checks of \$30. I/We understand that all tuition, fees and payments are not refundable for any reason, including but not limited to quitting or dismissal from the program. We understand if our child quits or is dismissed for any reason we will owe a \$250. Quitting fee which will be deducted immediately.

INITIAL \_\_\_\_\_

OBLIGATIONS: I/We understand that the season is from July 2020 -March 2021 for full year teams. I/ We have received a copy of the tentative competition schedule for the 2020-2021 season and understand dates are subject to change. A finalized schedule will be revised by September 1st 2020 . I/ we understand that we are responsible for transportation or arranging for transportation for our child to and from all competitions.

Initial \_\_\_\_\_

## Positivity Pledge

I/We understand that negativity or bullying in any form will not be tolerated. I/ We understand that posting on social media or verbally communicating ( outside of a meeting with coaches or owners) anything negative about the gym, Coach, cheerleader or parent may be grounds for dismissal and the quitters fee will be in place at that time.

Initial \_\_\_\_\_

Parent Support: I/We understand that all practices this season will be closed. This will allow our athlete's to focus more and have you as their #1 cheerleader. I/ We understand that at all competitions

we represent Cheer Pride with the highest respect for our peers and competitors.

Athlete's Name \_\_\_\_\_

I \_\_\_\_\_, have received a copy of the Cheer Pride All-Stars cheer season handbook. I have read and understand all the rules, regulations and policies outlined in this handbook. I understand my role and responsibilities in regards to financial obligations, my athlete's attendance at practices and competitions and my behavior as a parent and member of Cheer Pride All-Stars. I have discussed with my athlete their role and responsibility in being and remaining a part of Cheer Pride All-star program. Additionally, I understand that all apparel purchased through an installment plan is property of Cheer Pride All Stars until Final payment is made..

Parent/guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Athletes signature** \_\_\_\_\_

## **SOCIAL MEDIA**

**Please make sure to only post positive things about your teams or teammates. No video, pictures, snapchats of any practices unless it is ok'd by a teammate or coach. No videos posted of the complete group until the end of season. Please conduct yourself with respect and dignity, along with positive sportsmanship.**

**Anyone caught smoking, drinking or using any other illegal substance will be placed on suspension from the team as the Cheer Staff sees fit.**

**No parent, athlete or relative may contact competition companies or their officials for any reason. Contact your coach for a private conversation or the office staff.**

**1st offense- will be a private conversation with parent and athlete**

**2nd offense- will be removal from team**

**Name:** \_\_\_\_\_ **DATE** \_\_\_\_\_